The Geisinger DiscovEHR cohort: 233,185 people with exome sequencing and longitudinal EHR data

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Outline

- 1. What is genomic ascertainment?
- 2. MyCode and DiscovEHR
- 3. CHEK2 cancer risk
- 4. RASopathies cancer risk
- 5. Lessons learned
- 6. Practical matters



Phenotype-first model of clinical genetics...



Individuals/Families
Smaller cohorts
Clinic-based $10^2 - 10^3$ participants

Candidate gene Linkage analysis Association studies Family structure



Sanger

Panels

Exome/Genome

Arrays

Copy-number

Phenotype-First

"Ascertain weird phenotype then find genotype"

Strengths

- "Tried-and-true" approach to rare disease
- Builds on expertise of clinical investigator (pattern/syndrome recognition)
- Well-trod recruitment strategies
- Costs can be more modest (single clinic/investigator recruiting families)

Weaknesses

- Ascertainment biases
- Miss non-penetrant cases
- Miss rare or unknown manifestations of disorder
- May over-estimate severity of disorder
- Reactive
- Time- and labor-intensive to build special cohorts; lower throughput

Genome-first approach to clinical genetics...



Phenotype (Disease)

Focused or broad
Health system-based
Electronic health record (EHR) $10^3 - 10^6$ participants
Populations
Countries

Candidate gene Segregation Association New methods?



(Germline variation)

Exome

Genome

Panels

(Population-scale cohorts)

Genotype (Genome)-First*

"Ascertain weird genotype then find phenotype"

Strengths

- See full phenotypic spectrum, especially at older ages
- Wider range of severity
- Better penetrance estimates
- Proactive
- Multiple gene/pathways
- Opportunities for syndrome discovery
- Higher throughput?

Weaknesses

- Different ascertainment biases
- $10^{-5} \times 10^{6} = 10^{1}$
- Infrastructure requirements
- Significant costs to build/recruit cohorts
- Bioinformatics expertise variant classification
- Data science expertise
 - Clinical bioinformatics for phenotypes
 - Missing/sparse data (few clinical visits)
 - Quirks of medical coding
 - Medical coding: for billing, not research!

*AKA: "Public health genomics," "Population genomics," "Reverse phenotyping," "Genomic ascertainment"

What are the consequences of genomic ascertainment?

 Prevalence of pathogenic/likely pathogenic (P/LP)* variants is (often) greater than previously estimated

 Penetrance (risk from a P/LP variant) may not be as high as previously estimated

Phenotype is different (may be less severe, broader)

*Clinically actionable germline variation classified by ACMG/AMP rules (Richards et al Genetics in Medicine 2015)

ORIGINAL RESEARCH ARTICLE



Carey et al Genet Med 2016

The Geisinger MyCode community health initiative: an electronic health record-linked biobank for precision medicine research

David J. Carey, PhD¹, Samantha N. Fetterolf, BS¹, F. Daniel Davis, PhD¹, William A. Faucett, MS¹, H. Lester Kirchner, PhD¹, Uyenlinh Mirshahi, PhD¹, Michael F. Murray, MD¹, Diane T. Smelser, PhD¹, Glenn S. Gerhard, MD² and David H. Ledbetter, PhD¹



Geisinger

Geisinger Medical Center, Danville, Pennsylvania Opened 1915 as Geisinger Hospital

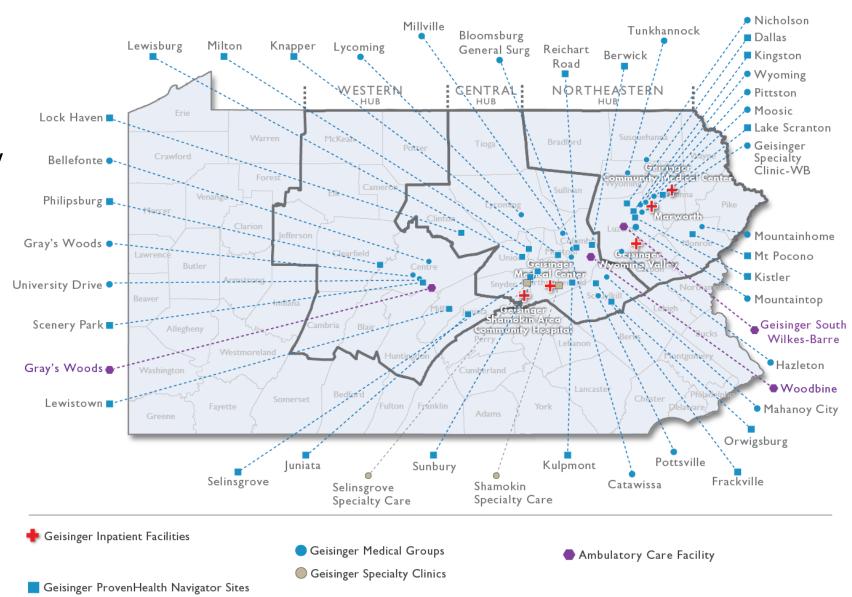
Abigail Geisinger 1827 - 1921



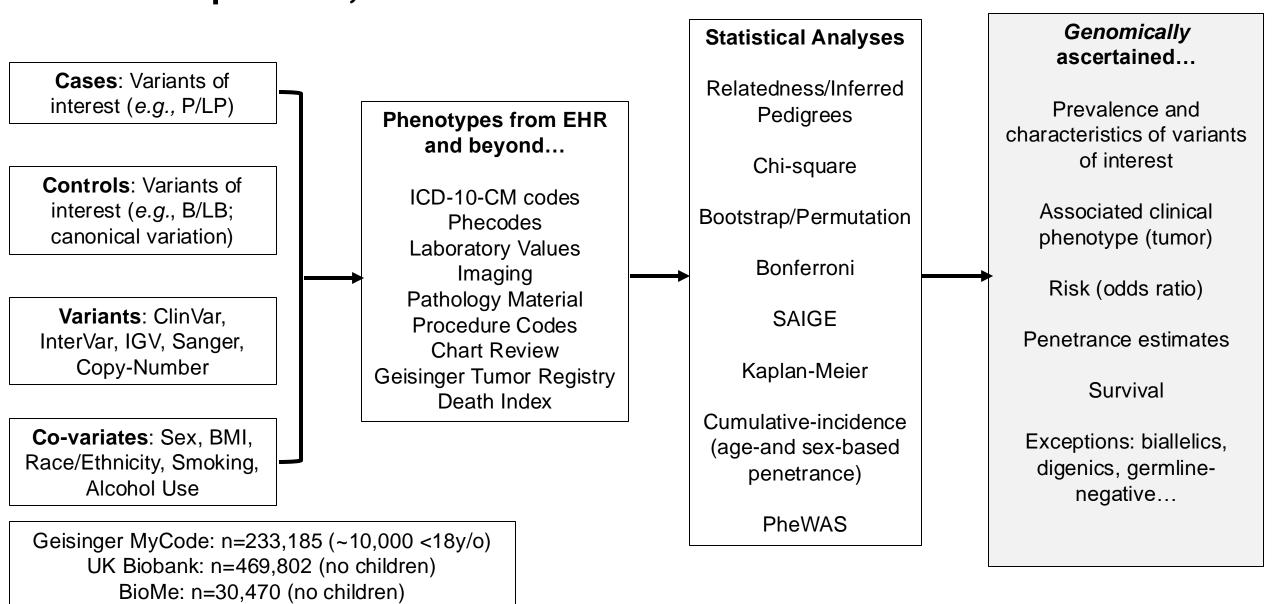
Genome-first approach using population-scale sequencing linked to electronic health records

Geisinger

- Serves >3M people
- Relatively non-transient; many multi-generation families; low in/out migration
- EHR since 1995
- 233,185 exomes (+/-arrays)
 (1/2025; with Regeneron)
- 5-year (2021-2026), DCEGfunded contract to investigate monogenic tumor predisposition disorders using the genome-first approach



Implementation of a genome-first approach in three population-sized, exome-sequenced, EHR-linked cohorts



American College of Medical Genetics and Genomics



ARTICLE



Genome-first approach of the prevalence and cancer phenotypes of pathogenic or likely pathogenic germline *TP53* variants

Kelvin C. de Andrade, ^{1,7,*} Natasha T. Strande, ² Jung Kim, ¹ Jeremy S. Haley, ² Jessica N. Hatton, ¹ Megan N. Frone, ¹ Payal P. Khincha, ¹ Gretchen M. Thone, ² Uyenlinh L. Mirshahi, ² Cynthia Schneider, ³ Heena Desai, ³ James T. Dove, ² Diane T. Smelser, ² Penn Medicine BioBank, ⁶ Regeneron Genetics Center, ⁶ Arnold J. Levine, ⁴ Kara N. Maxwell, ³ Douglas R. Stewart, ^{1,5} David J. Carey, ^{2,5} and Sharon A. Savage ^{1,5}

Genetics in Medicine (2024) 26, 101042





www.journals.elsevier.com/genetics-in-medicine



Genetics in Medicine Open (2024) 2, 10 Research

JAMA Dermatology | Brief Report

Estimated Prevalence, Tumor Spectrum, and Neurofibromatosis Type 1-Like Phenotype of *CDKN2A*-Related Melanoma-Astrocytoma Syndrome

Michael R. Sargen, MD; Jung Kim, PhD; Thomas P. Potjer, MD, PhD; Mary E. Velthuizen; Arelis E. Martir-Negron, MD; Yazmin Odia, MD; Hildur Helgadottir, MD, PhD; Jessica N. Hatton, MS, CGC; Jeremy S. Haley, MS; Gretchen Thone, MS, CGC; Brigitte C. Widemann, MD; Andrea M. Gross, MD; Marielle E. Yohe, MD, PhD; Rosandra N. Kaplan, MD; Jack F. Shern, MD; R. Taylor Sundby, MD; Esteban Astiazaran-Symonds, MD; Xiaohong R. Yang, PhD, MPH; David J. Carey, PhD; Margaret A. Tucker, MD; Douglas R. Stewart, MD; Alisa M. Goldstein, PhD

BRIEF REPORT

Most Fanconi anemia heterozygotes are not at increased cancer risk: A genome-first DiscovEHR cohort population study



Joseph Deng¹, Burak Altintas^{1,2}, Jeremy S. Haley³, Jung Kim¹, Mark Ramos⁴, David J. Carey³, Douglas R. Stewart¹, Lisa J. McReynolds^{1,*}

ARTICLE

A genome-first approach to characterize *DICER1* pathogenic variant prevalence, penetrance and cancer, thyroid, and other phenotypes in 2 population-scale cohorts

Jung Kim¹, Jeremy Haley², Jessica N. Hatton¹, Uyenlinh L. Mirshahi², H. Shanker Rao², Mark F. Ramos¹, Diane Smelser², Gretchen M. Urban², Kris Ann P. Schultz^{3,4,5}, David J. Carey², Douglas R. Stewart^{1,*}

A genotype-first approach to exploring Mendelian

cardiovascular traits with clear external manifestations

Brittany M. Wenger, BS¹, Nihir Patel, MS², Madeline Lui, BA¹, Arden Moscati, PhD³, Ron Do, PhD³, Douglas R. Stewart, MD⁴, Marco Tartaglia, PhD⁵, Laura Muiño-Mosquera, MD, PhD^{6,7}, Julie De Backer, MD, PhD^{7,8}, Amy R. Kontorovich, MD, PhD^{2,9} and Bruce D. Gelb, MD^{2,10}

Research

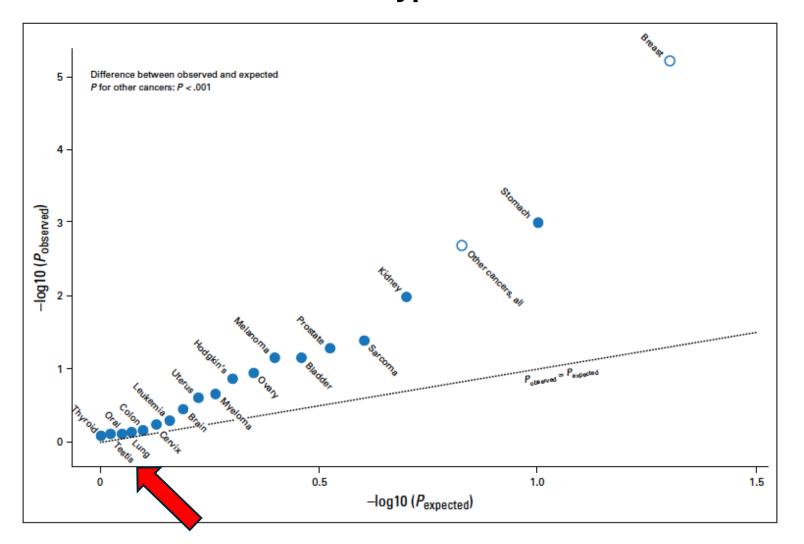
JAMA | Original Investigation

Estimated Prevalence and Clinical Manifestations of *UBA1* Variants Associated With VEXAS Syndrome in a Clinical Population

David B. Beck, MD, PhD; Dale L. Bodian, PhD; Vandan Shah, MD; Uyenlinh L. Mirshahi, PhD; Jung Kim, PhD; Yi Ding, MD, PhD; Samuel J. Magaziner, MPhil; Natasha T. Strande, PhD; Anna Cantor, MS; Jeremy S. Haley, MS; Adam Cook, MS; Wesley Hill; Alan L. Schwartz, MD, PhD; Peter C. Grayson, MD; Marcela A. Ferrada, MD; Daniel L. Kastner, MD, PhD; David J. Carey, PhD; Douglas R. Stewart, MD

CHEK2 is a low-to-moderate risk multi-tumor-predisposition gene

Risk of individual cancer types in CHEK2 1100delC heterozygotes



86,975 people from the Copenhagen General Population Study

Recruited 2003 - 2010

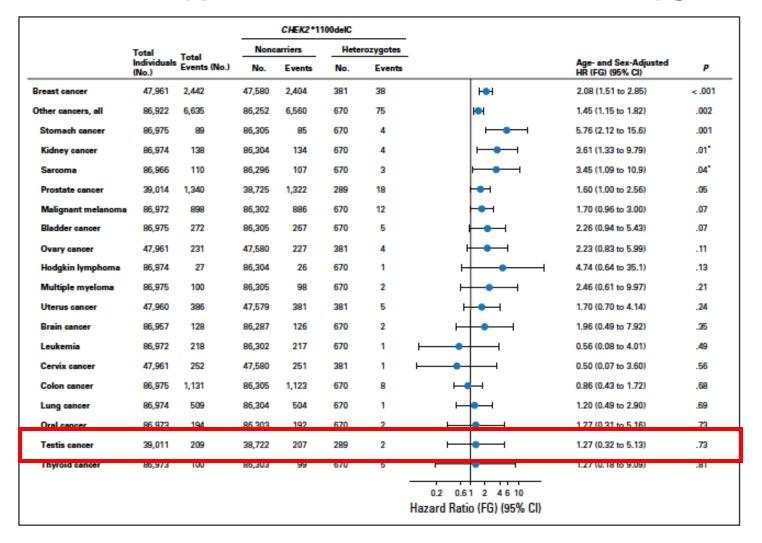
Linked to Danish Cancer Registry (1943 – 2011)

Open circles: *a priori* hypothesized cancers

Closed circles: exploratory analyses

CHEK2 is a low-to-moderate risk multi-tumor-predisposition gene

Risk of individual cancer types in CHEK2 1100delC heterozygotes









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Genomic ascertainment of CHEK2-related cancer predisposition

Sun Young Kim, Jung Kim, Mark Ramos, Jeremy Haley, Diane Smelser, H. Shanker Rao, © Uyenlinh L. Mirshahi, Geisinger-Regeneron DiscovEHR Collaboration, Barry I. Graubard, Hormuzd A. Katki, David Carey, Douglas R. Stewart

doi: https://doi.org/10.1101/2024.08.07.24311613

This article is a preprint and has not been peer-reviewed [what does this mean?]. It reports new medical research that has yet to be evaluated and so should not be used to guide clinical practice.

Posted August 08, 2024.

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Jung Kim, Ph.D. Clinical Genetics Branch



Sun Young Kim, MD, Ph.D. Cincinnati Children's

CHEK2 heterozygotes (cases) and controls

Genomic ascertainment of cases and controls

Geisinger

- "Goldilocks" build; ABHet: 0.2-0.8; GQ>30; Depth > 5
- n= 167,050; age>18 yrs; mean 56.6 yrs
- CHEK2 P/LP heterozygotes: 3,153
- 5 bi-alleleics with 2 common variants excluded
- Controls: individuals without *CHEK2* variation or B/LB: 152,662

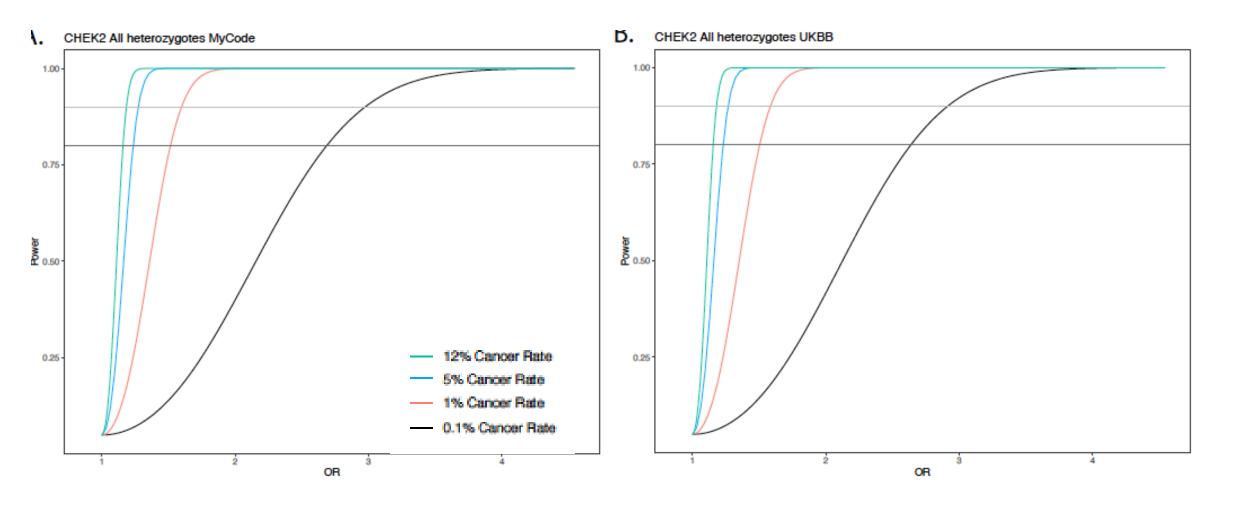
UK Biobank

- Data-field 23157
- n=469,681; age>18 yrs; mean 56.5
 yrs
- CHEK2 P/LP heterozygotes: 3,232
- Includes 8 bi-alleleics but none with 2 common variants; not excluded
- Controls: individuals without *CHEK2* variation or B/LB: 305,330

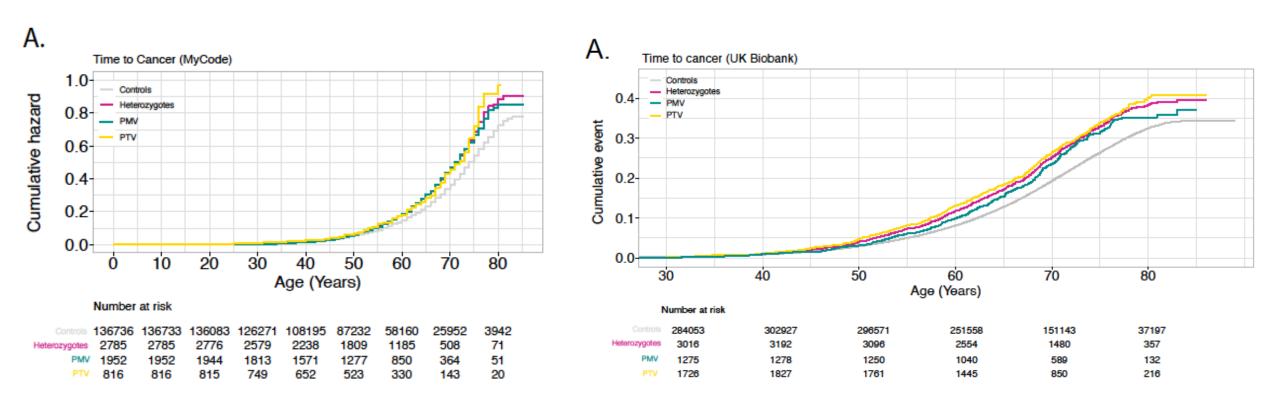
Prevalence of All, pathogenic truncating variants (PTV) and pathogenic missense variants (PMV) in *CHEK2* in adult heterozygotes in UK Biobank and Geisinger MyCode.

Cohort	Individuals/Prevalence (95%CI)	All <i>CHEK2</i> P/LP Variants	Pathogenic Truncating Variants (PTV)	Pathogenic Missense Variants (PMV)
UK Biobank – related and unrelated (n=469,765)	Number of individuals	3,232	1,847	1,290
	Prevalence	1/145 (1/140 – 1/150)	1/254 (1/243 – 1/266)	1/364 (1/344 – 1/384)
UK Biobank – unrelated (n=437,645)	Number of individuals	3,171	1,825	1,268
	Prevalence	1/138 (1/133- 1/142)	1/239 (1/229- 1/251)	1/345 (1/326- 1/364)
MyCode – related and unrelated	Number of individuals	3,153	913	2,221
(n=167,050)	Prevalence	1/52 (1/51 – 1/54)	1/183 (1/171 – 1/195)	1/75 (1/72 – 1/78)
MyCode – unrelated	Number of individuals	2,489	728	1,751
(n=109,730)	Prevalence	1/43 (1/41 – 1/44)	1/150 (1/140- 1/162)	1/62 (1/59-1/65)

Power as a function of risk (odds ratio) in MyCode (left) and UK Biobank (right) for a range of cancer rates



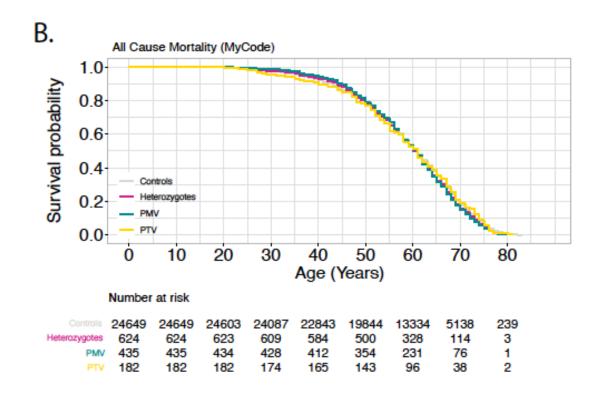
Age-dependent penetrance of pathogenic *CHEK2* **variants for all cancers. Left**: Time-to-cancer (penetrance) in Geisinger MyCode; **Right**: Time-to-cancer (penetrance) in UK Biobank

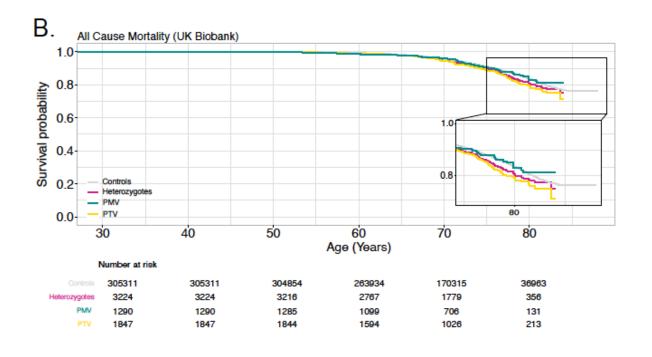


MyCode (adjusted HR: 1.26 [95%CI 1.16-1.37], *P*-value: 3.2x10⁻⁸) (No significant difference between PMV and PTV)

UKBB (adjusted HR 1.31 [95%Cl 1.24-1.40], *P*-value: 2x10⁻¹⁶) (No significant difference between PMV and PTV)

Age-dependent penetrance of pathogenic *CHEK2* variants for all-cause mortality. Left: All-cause mortality in Geisinger MyCode; Right: All-cause mortality in UK Biobank



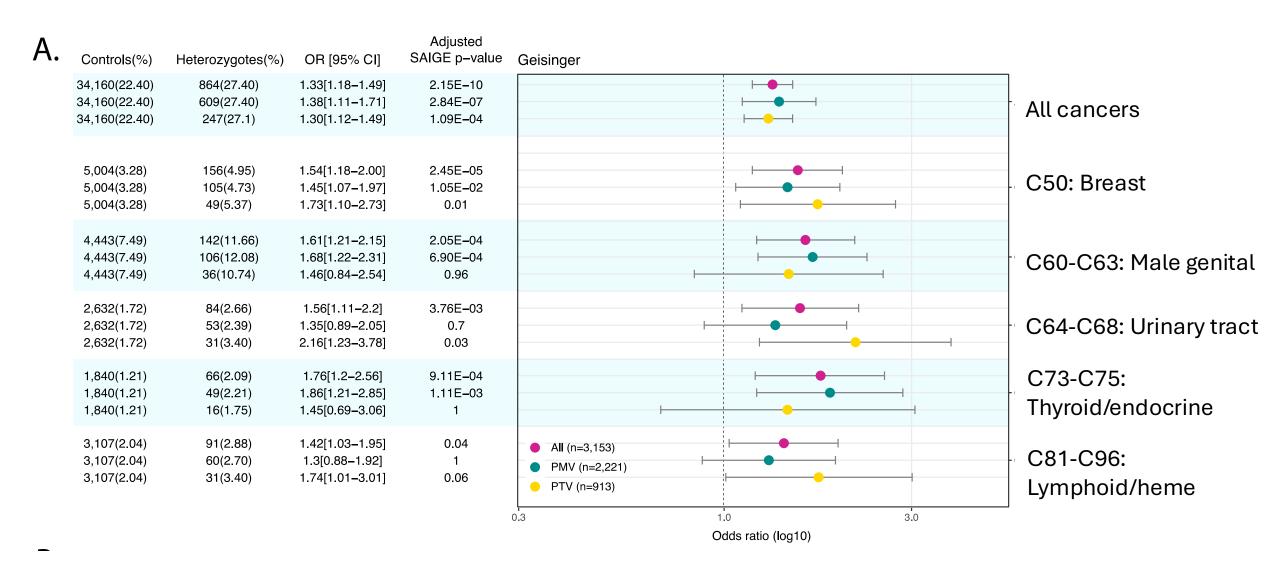


No significant differences in Geisinger MyCode adjusted HR 1.09 [95%Cl 0.96-1.24], *P*-value: 0.20) (No significant difference between PMV and PTV)

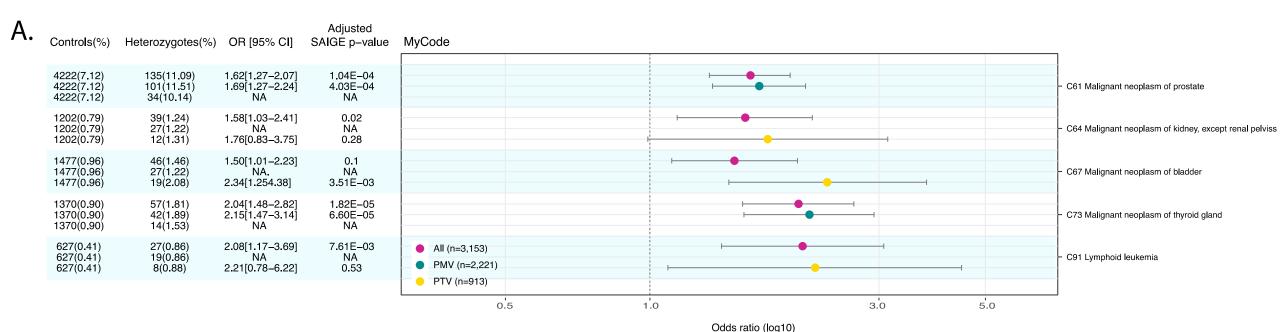
Significantly increased in All heterozygotes in UKBB adjusted HR 1.21 [95%CI 1.08-1.37], P-value: 1.51x10⁻³ (No significant difference between PMV and PTV)

Kim, Kim et al. Submitted.

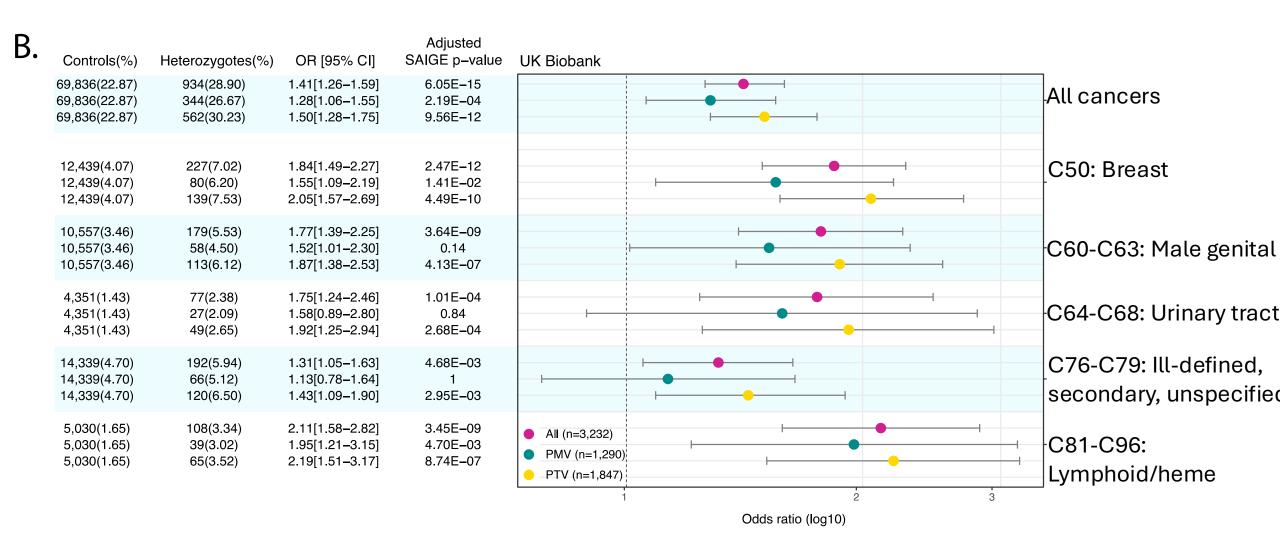
Odds ratio for All, PTV and PMV CHEK2 heterozygotes for organ system groupings of cancer ICD codes with a significant excess of risk in Geisinger MyCode



Odds ratio for All, PTV and PMV *CHEK2* heterozygotes for specific cancers in the organ system groupings of cancer ICD codes with a significant excess of risk in Geisinger MyCode

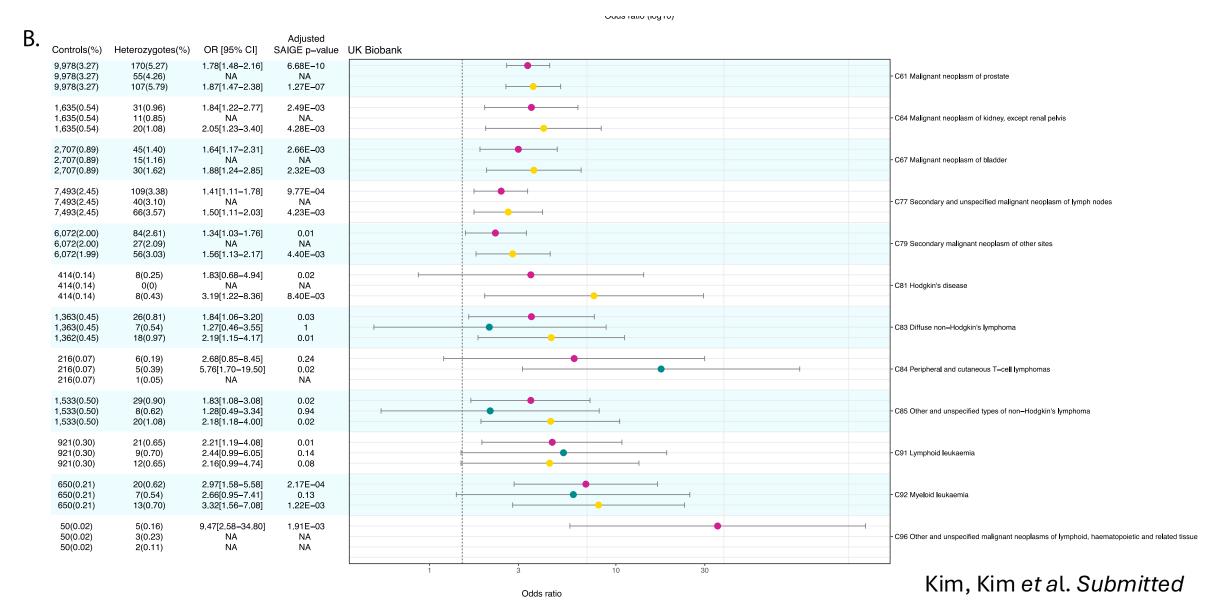


Odds ratio for All, PTV and PMV *CHEK2* heterozygotes for organ system groupings of cancer ICD codes with a significant excess of risk in UK Biobank



Kim, Kim et al. Submitted.

Odds ratio for All, PTV and PMV *CHEK2* heterozygotes for specific cancers in the organ system groupings of cancer ICD codes with a significant excess of risk in UK Biobank



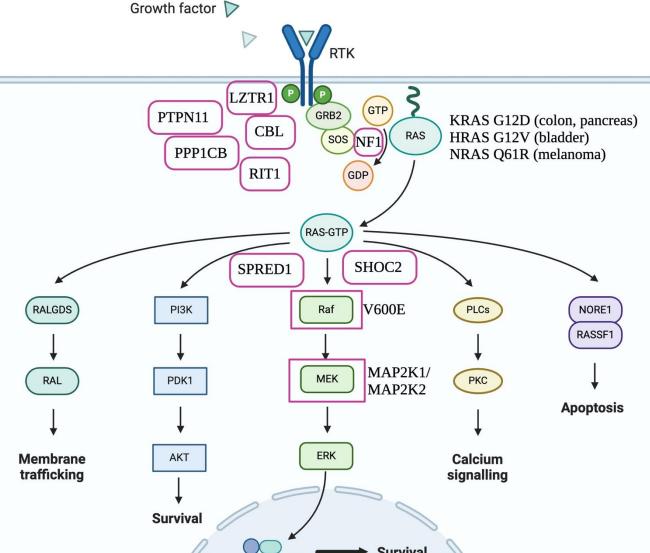
Genomic ascertainment of CHEK2 heterozygotes

- Relatedness-adjusted, Bonferroni-corrected genomic ascertainment of two population-based, exomesequenced, EHR-linked cohorts
- High power to detect elevated risk (OR>2) in all but the rarest cancers
- Confirms the significantly increased risk for breast and prostate cancers (as well as all cancers, collectively)
- Observed risk tends to be even lower (OR<2) than previous estimates, especially for PTV
- In neither cohort was a significant excess risk for "malignant neoplasms of digestive organs" observed, despite numerous studies in which a modest excess risk has been reported
- Substantial evidence from both cohorts of significant increased risk for kidney cancer, bladder cancer and CLL (lymphoid leukemia).
- Significant excess of malignancies of thyroid and other endocrine tumors (C73-C75) was observed in MyCode but not UK Biobank
- For some rarer cancers (male breast, testicular) the two cohorts were likely underpowered for others (sarcoma, stomach) there may be both a power issue and a survival bias in ascertainment given the aggressive nature of these cancers

RAS/MAPK Pathway

Germline

- ~1:2000 frequency of common RASopathies (eg, Noonan, NF1)
- Increased cancer risk in many of the RASopathies but degree unknown
- Significant, multisystem, chronic medical conditions

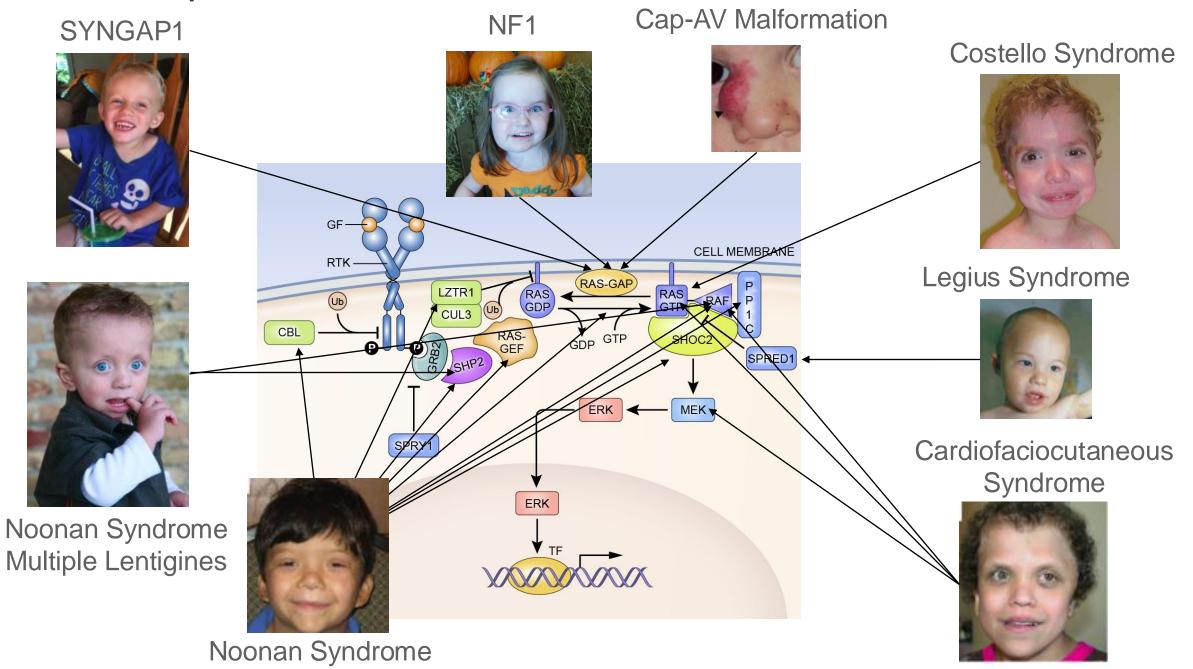


Somatic

- ~30% cancers have altered RAS pathway
- Can predict treatment refractoriness

Kim, Ney et al. Submitted

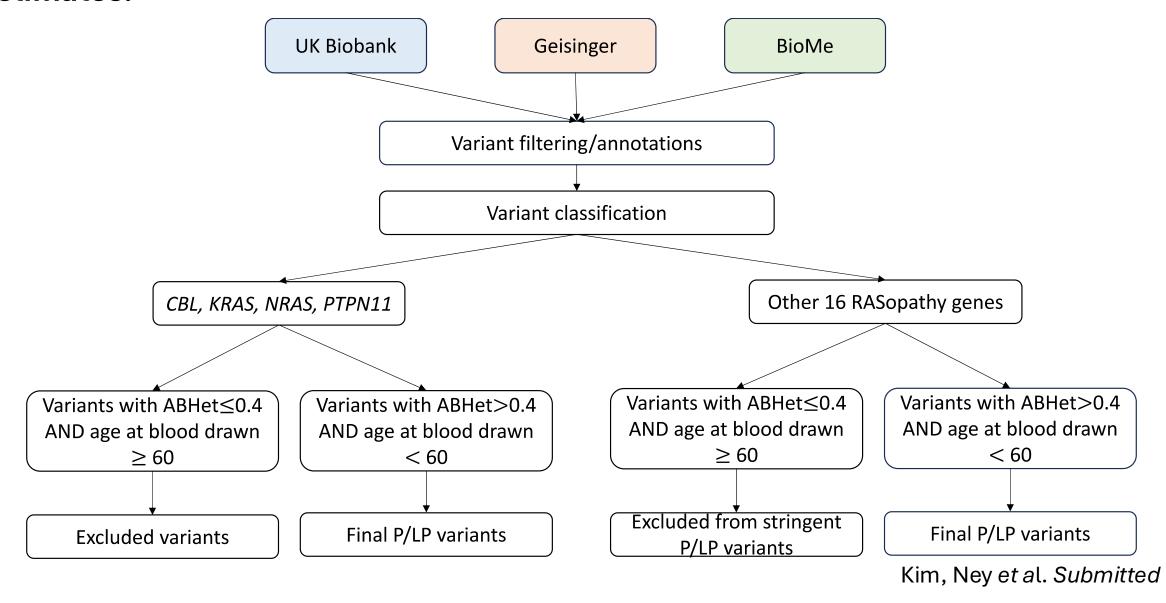
The RASopathies



Genomic ascertainment of RASopathies

- Cancer risk well documented in childhood and adolescence
 - From phenotypic and family ascertatinment
 - Costello: bladder, rhabdomyosarcoma, neuroblastoma
 - High-risk variants in Noonan: JMML, rhabdomyosarcoma, neuroblastoma
- Cancer risk in CFC and Legius syndrome unclear throughout lifespan
- Despite case reports of cancer in adults with germline P/LP in RASopathy genes, cancer risk is unknown
- Interrogate the exome sequence of individuals in three large biobanks to quantify germline P/LP variant prevalence, cancer incidence, and survival of adults with non-NF1 RAS/MAPK genes

Flow diagram of variant classification and application of filtering to limit clonal hematopoiesis (CH) variants and develop a range of germline prevalence estimates.



Frequency of RAS/MAPK variants in UKBiobank, Geisinger, and BioMe

		UK Biobank (469,618 exomes)		Geisinger MyCode (167,050 exomes)		Mount Sinai BioMe (30,129 exomes)	
Gene Syndrome		count	frequency	count	frequency	count	freq
CBL		14	1:33,544 (1:19,982–1:56,309)	8	1:20,881 (1:10,581–1:41,207)	0	-
CFC -	stringent	9	1:52,179 (1:27,453–1:99,178)	3	1:55,683 (1:17,474–1:215,605)	0	-
		10	1:46,961 (1:25,509–1:86,453)	4	1:41,762 (1:15,185–1:130,367)	0	-
Noonan	stringent	141	1:3,330 (1:2,824–1:3,927)	68	1:2,456 (1:1,938–1:3,113)	15	1:2,008 (1:1,217–1:3,314)
		149	1:3,151 (1:2,684–1:3,700)	73	1:2,288 (1:1,820–1:2,876)	17	1:1,772 (1:1,106–1:2,838)
NSML		21	1:22,362 (1:14,627–1:34,188)	7	1:23,864 (1:11,560–1:49,264)	1	1:30,129 (1:4,639– 1:577,181)
Noonan without NSML	stringent	120	1:3,913 (1:3,273–1:4,679)	61	1:2,738 (1:2,132–1:3,517)	14	1:2,152 (1:1,282–1:3,612)
		128	1:3,668 (1:3,086–1:4,361)	66	1:2,531 (1:1,989–1:3,219)	16	1:1,883 (1:1,159–1:3,058)
Legius (SPRED1)	stringent	24	1:19,567 (1:13,150–1:29,116)	3	1:55,683 (1:17,474–1:215,605)	0	-
		24	1:19,567 (1:13,150–1:29,116)	4	1:41,762 (1:15,185–1:130,367)	0	-
Costello		0	-	0	-	0	-
•	•						

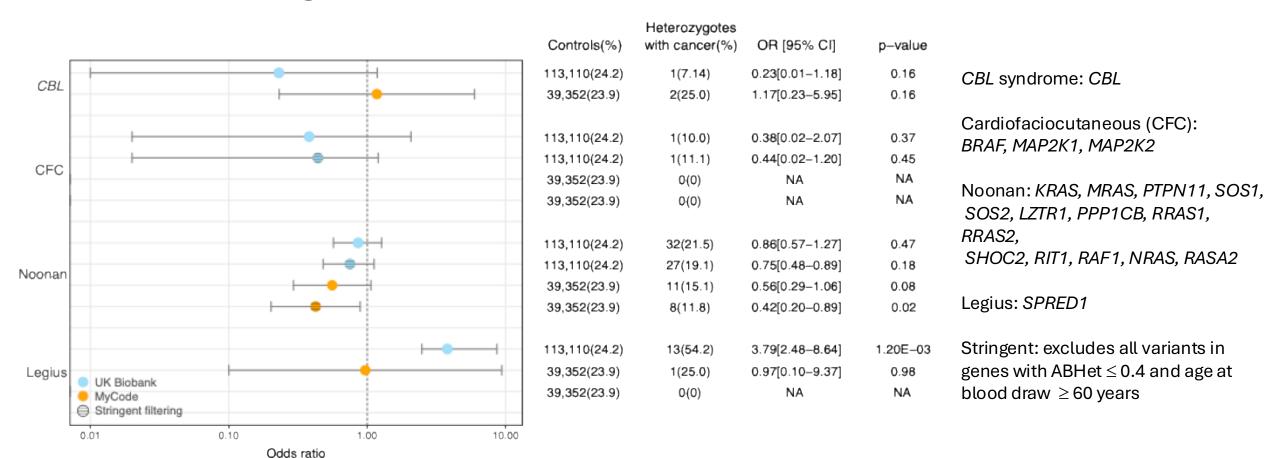
Noonan – KRAS, MRAS, PTPN11, SOS1, SOS2, LZTR1, PPP1CB, RRAS1, RRAS2, SHOC2, RIT1, RAF1, NRAS, RASA2

Cardiofaciocutaneous (CFC): BRAF, MAP2K1, MAP2K2

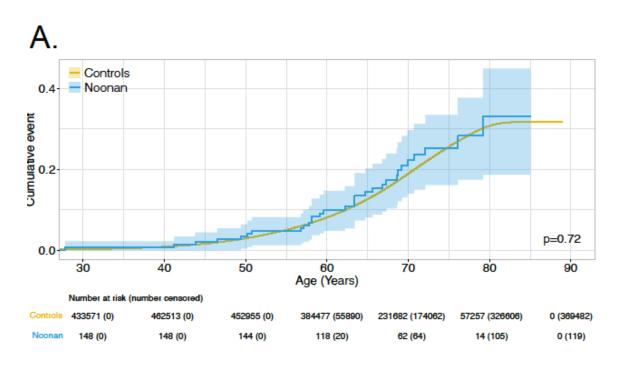
NSML: Noonan syndrome with multiple lentigines: select variants in *PTPN11*

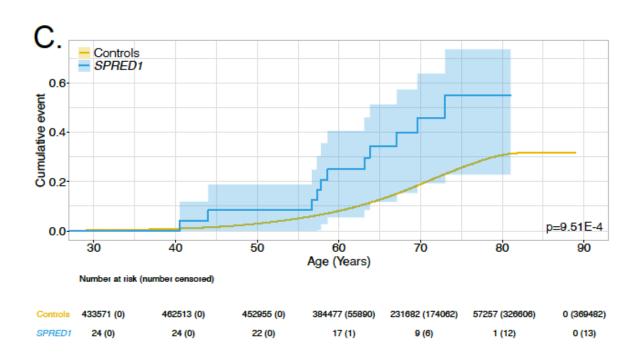
Stringent: excludes all variants in genes with ABH et \leq 0.4 and age at blood draw \geq 60 years

Cancer prevalence calculated as Odds Ratio in individuals with germline Pathogenic/Likely Pathogenic variants in RASopathies versus controls in UKBB and Geisinger cohorts

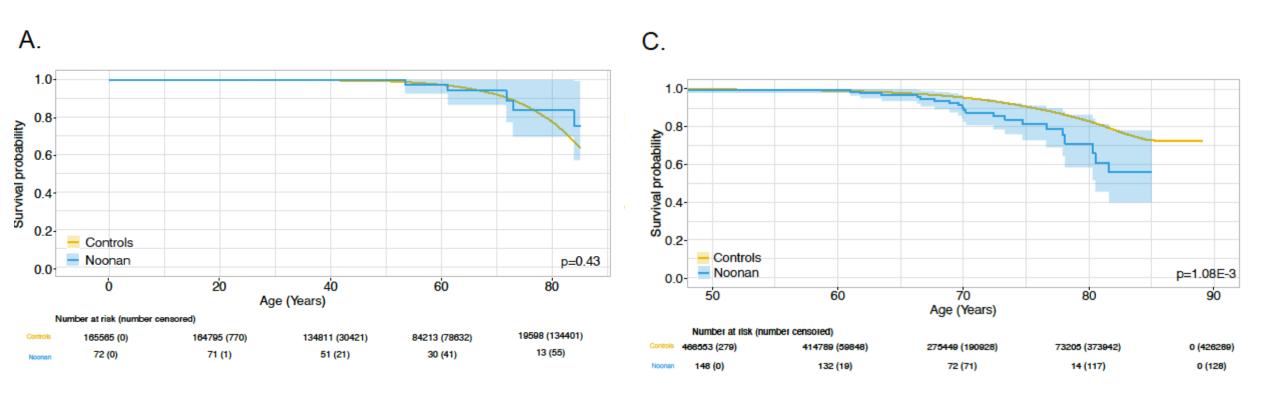


Time to cancer in UK Biobank in Noonan-associated genes (panel A) and in individuals with Pathogenic/Likely Pathogenic variants in *SPRED1* (panel C)





Time-dependent survival is not significantly different in Noonanheterozygotes vs. controls in Geisinger MyCode (panel A) but is less favorable vs controls in UK Biobank (panel C)



Using Genomic Ascertainment to Explore Prevalence and Cancer Risk in Adult Individuals with Pathogenic and Likely Pathogenic Germline Variants in RASopathy Genes

- P/LP variants in Noonan syndrome-associated genes were the most common
- P/LP variants in Noonan syndrome-associated genes were not associated with an increased cancer risk in adults
- In UK Biobank, P/LP variants in SPRED1 were associated with a 4fold higher risk of cancer compared to controls in adults and had earlier cancer onset
- In UK Biobank, P/LP variants in Noonan syndrome-associated genes were correlated with increased all-cause mortality and cancer-related mortality

What are the consequences of genomic ascertainment?

 Prevalence of pathogenic/likely pathogenic (P/LP)* variants is greater than previously estimated

 Penetrance (risk from a P/LP variant) may not be as high as previously estimated

Phenotype is different (may be less severe, broader)

*Clinically actionable germline variation classified by ACMG/AMP rules (Richards et al Genetics in Medicine 2015)

Lessons learned from the genome-first approach (so far) - part I

• Genome-first approach holds enormous promise, however...

- Complements "phenotype-first" approach
- Manual EHR review is messy, incomplete and labor-intensive
 - Often query of ICD codes tells you what you need to know
- Large cohort x rare disease = modest numbers
 - More sequencing: DCEG Connect, NIH All of Us, UK Biobank ...
 - Usefulness of phenotype-first cohorts
- Characteristics of cohorts matter and bring their own biases
 - Health system vs. healthier volunteer
- Outcome studies are easier to do than etiology studies

Lessons learned from the genome-first approach (so far)— part II

- Genome-first approach holds enormous promise, however...
- Large number of matched controls a blessing and a curse (inflated p-values)
 - Work with a good biostatistician
- Variant interpretation is relatively easier
 - We focus on ACMG/AMP classification of pathogenicity (for now)
 - Work with a good variant scientist
- Phenotype work is relatively harder
 - Pick your phenotypes with care and keep simple: height, cancer registry, blood glucose
 - Work with a clinical bioinformatician who knows ICD coding and phecodes
 - Phecodes as a way to simplify use of ICD codes
- Medical coding is an art and science
 - Multiplicity/redundancy of codes for the same thing
 - Institutional coding cultures
 - Awareness of diagnoses: breast/colon cancer family hx vs renal cancer family hx

What's next?

- Analyze larger and larger cohorts
 - All of Us (NIH)
 - Goal of 1 million participants
 - Reflects diversity of the US circa 2024
- Analyze genome (not "just" exome) data
 - Wide variety of pathogenic variants
 - All of Us releases genome data available on ~250,000 people now
 - UK Biobank release of genome data on 500,000 people
- Recruitment using genomic ascertainment
 - Reverse Phenotyping Core (NHGRI/Les Biesecker)
 - All of Us (NIH/Josh Denny)
- Incorporate findings into surveillance and variant interpretation guidelines
- Overall goal: improve "cancer interception": grape vs. grapefruit

Practicalities using MyCode data

- Use: genome-first, GWAS, ExWAS (rare-variant association)...
- Available data: ~233K exomes (arrays) with linked demographics, ICD codes, labs, imaging, chart review, pathology (samples and reports), medications, visit type, orthogonal sequencing
- Includes ~9000 pediatric exomes
- Access: though Jung and Doug
- Scheduled calls
- Proposal form
- Cost (CGB)
- Logistics of running analyses